

Heartland Scope

Heartland Regional Society of Gastroenterology Nurses and Associates



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President's Message

Hi everyone. My name is Mary Ganley, RN, BSHA, CGRN. I am your President of Heartland Regional SGNA for 2012. I have been a member of SGNA since 2001, the Director of Education of HRSNGA from 2007-2010, and then in 2011, I was elected President -Elect.

I began my nursing career as an LPN in 1983 I became an RN in 1993. I have worked in a variety of areas. I began working in GI in 1986. First as a staff nurse, then as a manager. I have seen a lot of changes during this time. One thing I know is that GI just keeps getting better and better. Heartland SGNA and our National SGNA have been and continue to be a huge part of my career and dedication to GI. They support nurses everyday with education, resources, research, networking and so much more.

I am currently the GI Clinical Manager at Centerpoint Medical Center, Independence, MO. I have the best of all worlds. I manage the GI Lab as well as having the opportunity to work with GI patients.

Last year was an exciting year with Jan Brooks as our President. The Review Course was an opportunity for GI nurses wanting to certify or those wanting a GI review. This may be something that we repeat. Please let me know if you or any of your colleagues would be interested in a repeat of the Certification Review Course.

The upcoming Annual Course is "Finding the Leader in You" in Phoenix, AZ, May 18-23, 2012. Each Annual Course gives GI nurses the opportunity to meet other GI nurses from around the world. Attending and participating in the Annual Course gives nurses the lift and the passion for GI nursing. I am looking forward to representing Heartland SGNA during this meeting.

I would like to invite each of you to attend our Spring Conference, Saturday, March 3rd at Harrah's Casino in North Kansas City. Our keynote speaker is Dr. Patricia Raymond, Gastroenterologist from Virginia Beach, Virginia. She loves GI and is a very dynamic speaker and will get her audience on fire for GI.

If you have suggestions or would like to join your Board of Directors for planning our upcoming events, I invite you to join us for our monthly meetings. We meet the third Wednesday of the month at 6pm at North Kansas City Hospital, 2800 Clay Edwards Drive, North Kansas City, MO.

I am looking forward to encouraging you in your GI nursing position and serving you as your President this coming year. Please feel free to contact me at anytime. My email is gans4545@mchsi.com.

Mary

Past President's Message

This past year has been such a great opportunity and experience for me as your President. I appreciate all of the support I have received from you during my past two years. I am looking forward to serving as your Immediate Past President in 2012.

Representing Heartland Regional SGNA at the House of Delegates during the Annual Course the past two years has truly been a highlight. To see the dreams and insights of members at the local member level come to fruition has been an inspiration. It is exciting to see that SGNA Associates will have an opportunity to participate in SGNA membership at a more affordable cost in the near future.

Thank you to the many capable people who assisted in our Certification Review Classes. The team effort in presenting our topics was so great, even when we had last minute changes due to illness and accidents. I am aware that at least 10 of our members are now Certified GI Nurses!! Congratulations to each of you.

During the Leadership Conference in Chicago in November, your Heartland Board members were congratulated for our great efforts with the Certification Review Classes. We were asked many questions of how we accomplished the classes, especially at no charge for those who attended our classes.

This past year we had two very successful conferences in addition to the Certification Review classes. We are really looking forward to March 3rd, 2012. Dr. Patricia Raymond is going to share with us many great thoughts. Our own, Lisa McKay will also be presenting. Please add this date to your calendar now so that you can be a part of this great seminar. We have incorporated many of your comments during the planning process. Thank you, Debra Fieth for your beautiful quilt that we raffled off to assist Hope House. Your creativity was so evident.

2011 has also seen the development of a new Logo. Very soon, our website will be up and running. Thank you for your patience during this process. We are hopeful that you will find our new site much more accessible and user friendly for you. We have also begun a review of HRSGNA Bylaws and Handbook.

As we begin a new year, I want to welcome Mary Ganley as our President. Mary has been a valuable member of your Board for multi years working as the Director of Education for four years before becoming President Elect. Laura Habighorst is beginning her year as your President Elect. We thank Laura for all her hard work with our Vendors this past year and now as Chair of our Bylaws Committee. Thanks Debra, Lynn and Lisa for rounding out our Board. I also want to say thanks to Lynn Moore and Deborah Mercer in their assistance this past year with the Education Committee. Deborah and Lynn, as well as Paula Arland and Pat Wozniak are assisting us with the Bylaws Committee.

I invite any of you to join your Board in the future in planning events, educational programs and other new ideas to make our region an even greater one.

I hope each of you had a wonderful Holiday season and band beginning of 2012. Thanks again for my opportunity to serve you.

Jan Brooks RN, BSN, CGRN
President 2011, Past President 2012

*Your editors for this Winter Edition of the Heartland Scope are
Brenda McLoud, Past president 2011 and Jan Brooks, President 2011, Past President 2012*

Notes from Your 2011 Past President

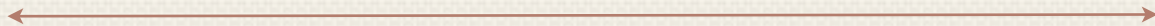
CONGRATULATIONS to the following people who passed the CGRN exam in October.

Jenny Bowers, BSN RN CNOR CGRN
Arlene Wallace, DIPL CGRN
Donna Zamarripa, ADN CGRN

I hope that everyone had a Wonderful and Blessed Holiday Season. I know my daughter and I have. I want to Thank the members of Heart- land Regional SGNA for allowing me to be part of the HRSGNA Board for the past three years. It has been a wonderful learning experience. Though I am no longer part of the HRSGNA Board, I will be attending the HRSGNA conferences and look forward to seeing everyone there.

Please see page 4 to be introduced to your 2012 HRSGNA Board.

Brenda McCloud BSN, RN, CGRN Past-President HRSGNA 2011



Leadership Conference

This fall we attended the Leadership conference that is offered every fall to Regional board members. What a wonderful experience had by all that attended the conference that is held in Chicago, IL every year by National SGNA board members. We met fellow members from regions across the US. What an opportunity we had to see and share information with each other. We shared the experience we had last winter and spring with the certification review classes that was offered thru Heartland SGNA. There was an interest about the possibility to host another review class and include other regions. The information that was given during the conference will help members understand the position that they hold while being a board member and to share what knowledge we have learned during this conference.

After attending the conference we are motivated to share the knowledge that we have learned and to encourage others who want to volunteer and to share their experience in the field that they have chosen as a GI nurse. This has been a great way to network with others and see how they encourage others to get involved to promote healthy ideas for our patients with education, knowledge and leadership,

Your 2012 Heartland Board of Directors

Mary Ganley, RN, CGRN, BSHA, is your new President. Mary has served Heartland for multiple years. She was the Direction of Education for four years before she became President-Elect in 2011. Mary has worked in GI for many years. Currently she is the Nurse Manager at Centerpoint Medical Center, Independence, MO.

Laura Habighorst, RN, CGRN is your President Elect for 2012. Laura is a Charge Nurse at North Kansas City Hospital. This past year she has helped with our Vendors involvement with our SGNA Conferences. Additionally she assisted the HRSNGA Board with Educational Development for multiple years working with Mary. Laura has also been the Nurse Manager at NKC Hospital and Hillcrest Medical Center, Tulsa, OK.

Jan Brooks, RN, BSN, CGRN is your immediate past president. Jan represented HRSNGA the past two years as your representative at the House of Delegates during the Annual Course. She is a Staff Nurse and Education Coordinator at North Kansas City Hospital.

Debra Fieth, RN, CGRN is beginning her third year as HRSNGA's Secretary. We have appreciated her expertise with our minutes and look forward to her continued work with your Board. Debra is Dr. Burnell Lander's Nurse and works with patients undergoing Remicaid therapies at Consultant's in GI.

D. Lynn Elsluo, RN, CGRN is entering her second year as your Treasurer. Lynn is also involved busy with her daughters and Girl Scouts. Lynn is a staff nurse at Centerpoint Medical Center.

Lisa McKay, CRNO, CRNA, MA, Ed S has been coordinating your Educational Programs this past year. She is the owner of Guardian Anesthesia Services. She and her staff provide Monitored Anesthesia Care for Endoscopy patients in a variety of Kansas City locations. She and her family reside in Mission, Kansas.

Each of your Board members look forward to 2012 and the opportunity to provide you with support in your GI profession.



From the Left: Debra Fieth, Secretary; Laura Habighorst, President Elect; Jan Brooks, Past President; Mary Ganley, President; Lynn Elsluo, Treasurer; and Lisa McKay, Director of Education at the Regional Leadership Conference 2011

By Laws Committee

The Heartland SGNA Board has endorsed a review of the bylaws, policy/procedures, and handbook of our organization. The board discovered some discrepancies between all three articles and through a call for volunteers the By-Laws Committee was organized. Chair is Laura Habighorst RN CGRN Heartland President-Elect, with Mary Ganley RN CGRN Heartland President, Debbie Fieth RN CGRN Heartland Secretary, Jan Brooks RN CGRN Heartland Immediate Past-President, Heartland members at large - Pat Wozniak RN CGRN, Aline Moore RN CGRN, Deborah Mercer RN CGRN, and Paula Arland RN CGRN. Our focus is to marry all three documents into one document with current language, as well as, review and update forms as necessary. The work will be done primarily online this Spring. The plan is to have it ready for presentation to the membership of Heartland SGNA prior to the Fall meeting in September where a vote for approval can occur. If anyone has any suggestions, comments, or concerns please feel free to contact Laura Habighorst at Lhabighorst@aol.com or laura.habighorst@nkch.org.

Thank You-----

--I want to begin by thanking the Board for the wonderful job they have been doing to further the educational experiences and opportunities for the HRSGNA. The pride and professionalism shown by each one of these amazing nurses is awe inspiring to me.

I have been attending SGNA Conferences for many years now and have always enjoyed the venue and camaraderie. I became a member of the HRSGNA and have learned many things over the years. I finally decided to push myself further by planning to take the Certification Exam. As I developed my plan, an amazing opportunity presented itself. I had started to attend the board meetings and the Board members were planning to start a series of review classes to help guide the nurses interested in taking the Certification Exam and provide CEU's as well. I made each class and used that to help in my studies. I also made plans to go to Indianapolis last May for the SGNA Annual Course and take my Certification Exam and "experience the Annual Course". I am very thankful I had the wonderful experience I did. I did pass the exam, Congratulations to myself!!! I met some amazing people from other parts of the country and shared many experiences with some new found friends! It is hard to believe it has been almost a year since that journey. Every Board meeting I attend I witness the hard work and dedication that each of the board members put into fulfilling our mission. I plan to continue sharing in the opportunities afforded to each one of us passionate about what we do. You too can share in the experience if you would like to become more involved.

Deborah Mercer

New HRSGNA Web site

This past year several changes have been made at HRSGNA. We have the new logo that you see on the front page of this newsletter. Heartland Regional 's website hrsgna.org has a new look and layout. We are pleased to have worked with Michael Binggeli. We will be updating this on a regular basis .

Check us out at www.hrsgna.org

We had a very successful Fall Conference Saturday, September 17, 2011 at Harrah's Casino. In addition to learning new information, it was a great opportunity to net work with friends and meet new friends and colleagues.

Lisa McKay was the lucky person to win the beautiful quilt designed and made by Debra Fieth.

At the Fall Conference in September, the membership voted to continue supporting Hope House as our Community project. We continue to collect personal care items to share with Hope House. You may bring

I was thrilled at the Spring 2010 SGNA Seminar when my name was drawn for a \$1,000 scholarship. It allowed me to attend the Indianapolis SGNA 2011 conference. This was my second conference since I had previously gone to St. Louis in 2009. The educational opportunities, networking with other GI professionals and visiting with vendors to learn the latest can only improve ones' practice.

Heartland SGNA is a group that supports GI Lab staff throughout the region. The review classes that were held last winter helped encourage and prepare several of us for the certification test, which I gratefully passed. Working toward the goal of certification helped me further my understanding of the complexity and challenges the GI system can present.

I encourage more GI staff to work toward certification. As a profession, GI nurses need to provide our patients the best care possible. We are all obliged to continue building our GI skills and knowledge, we are fortunate to have Heartland SGNA support these goals.

PHOTOS FROM THIS YEAR



Join us for a special project.

Heartland SGNA is hoping to provide several scholarships to some of the GI nurses from St. John's Hospital in the Joplin area.

Any and all donations are welcome. More details to follow.

Save the Date
Saturday, March 3, 2012

Dr Patricia Raymond is coming to join HRSGNA for our Spring Conference. She is our keynote speaker for the day.

Location: Harrah's Casino
North Kansas City, MO

Upcoming Events

Certification Registration Window December 1, 2011—February 29, 2012
Registration Window closes at 5:00pm Eastern Time on February 29.

January 15, 2012—Applications for the 2012 Outstanding Region are due. Criteria for the Outstanding Region Award has been expanded.

March 3, 2012 Heartland Regional Spring Conference. Harrah's Casino & Convention Center. Keynote Speaker: Dr. Patricia Raymond

March 31, 2012 Final Reminder for Membership Renewal, lapsed members will lose access to their member benefits effective today.

May 1-31, 2012: Computer-Based Testing Window
May 19, 2012 Saturday: Paper & Pencil Examination, Phoenix, Arizona

May 18-23, 2012 39th SGNA Annual Course, Phoenix, Arizona

Heartland Regional SGNA
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